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MARCH 12, 2015



March Break at the Museum

From March 17 to 21 the Haliburton Highlands Museum is preparing maple syrup the old fashioned way. There are crafts and activities all week long 10 a.m. to 5 p.m. Call 705-457-2760 or go to www.haliburtonhighlandsmuseum.com.

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New SIRCH program satisfies both participants and the public

By Angelica Blenich

They say nothing in life is free, but during every Monday for the next few months that isn't true.

A new SIRCH program called Cook it Up kicked off Monday, offering members of the public a free, three-course lunch.

Held from 11 a.m. to 3 p.m., Cook it Up gives underemployed and unemployed residents a chance to learn new kitchen skills and more by preparing a meal and serving it to guests.

The initiative takes place at Baked and Battered, which is typically closed on Mondays and offering the space to

SIRCH.

Apart from teaching new skills, Cook it Up will give participants the opportunity to earn certifications and work experience, preparing them for the future.

A former bakery employee, Naureen Loft was seeking more restaurant skills to add to her resume and saw Cook it Up as a great way to expand her horizons.

"It's a lot of fun," she said.

Skills the participants learn include menu planning, grocery shopping, food preparation, customer service and more.

In addition, trainees will complete a safe food handling course, as well as workshops through the employment centre.

The program serves up a full, healthy meal, which lunch goers can opt to take out. Each week will feature a different menu theme.

Cook it Up takes place every Monday from now until the week before the Victoria Day long weekend. There is no cost or reservation required.



Naureen Loft scoops up a spoon of greek salad at the inaugural Cook it Up held at Baked and Battered on March 2. An initiative of SIRCH, Cook it Up is a new program designed to help unemployed and underemployed residents of Haliburton County learn kitchen skills and more. The program participants serve up a free lunch to the public every Monday from 11 a.m. to 3 p.m.

March is Fraud Prevention Month

Every year thousands of Canadians are victimized and millions of dollars are lost through the many forms of fraud, according to members of the Ontario Provincial Police Anti-Rackets Branch.

At a media conference in Orillia last week, OPP Deputy Commissioner Scott Tod and RCMP Inspector Cameron Miller of the Canadian Anti-Fraud Centre (CAFC; formerly Phonebusters) launched Fraud Prevention Month by outlining the latest criminal trends and many harmful aspects of fraud and victimization. They also encouraged the public to participate in social media conversations to access tips and other resources to identify and report fraud using #dontbeavictim #fraudprevention and #OPPtips.

The CAFC reports 66 per cent of all Canadian-based "mass marketing fraud" scams in 2014 occurred to victims online via the Internet or email, while another 20 per cent occurred by telephone. In all, 13,701 victims of mass marketing fraud

lost a total of just under \$69 million last year – higher than in 2013. The majority of victims were between 50 and 70 years of age.

Fraud can destroy the trust and honest relationships upon which our economy and financial markets are built. A single serious fraud can cause a ripple effect that erodes trust in the Canadian economy and results in losses that run well over \$1 billion. Although they often feel embarrassment and shame, victims play a key role in fraud investigations. Sadly, as few as five per cent take the time to report fraud which could, in turn, prevent further harm and victimization to their families, neighbours and any online contacts.

If you suspect you or someone you know has been a victim of fraud, contact your local police service or CrimeStoppers at 1-800-222-8477 (TIPS) or online at www.tipsubmit.com/.

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Frogsicles and cool turtles

While we ski over deep snow or curl up by the fireside, frogs and turtles are coping with winter through a number of survival strategies.

Terrestrial frogs normally hibernate on land. American toads and other frogs that are good diggers burrow deep into the soil, safely below the frost line. Some frogs, such as the wood frog and the spring peeper are not adept at digging and instead seek out deep cracks and crevices in logs or rocks, or just dig down as far as they can in the leaf litter. Wood frogs and spring peepers are able to freeze without sustaining damage.

Hibernating aquatic frogs such as the leopard frog and American bullfrog usually hibernate underwater; however, they don't dig into the mud like turtles. They must be near oxygen-rich water and spend a good portion of the winter just lying on top of the mud or only partially buried. They may even slowly swim around from time to time.

Blanding's turtles hibernate completely underwater from late October or early November until the early spring. This cold-blooded reptile only needs to burrow itself in cold, muddy bottoms to stay warm. Its metabolism also slows so little oxygen is needed and it doesn't have to search for food. Unlike most turtles, the

Blanding's is quite happy in the cold water; on occasion it is seen slowly swimming underneath the ice in areas where they winter.

Snapping turtles burrow in mud bottoms or use muskrat burrows or lodges to overwinter. Large congregations sometimes hibernate together. Painted turtles share a similar hibernating pattern to other turtles, but if the weather is not conducive to leaving their nests, hatchlings will overwinter in their nests to emerge in the early spring.

Turtles will emerge from hibernation in late April or early May. At this time they may cross roads in search of food and mates in connecting wetlands. In June, females may cross roads to lay eggs on the road shoulders. Five out of the six species of turtles in Haliburton County are at risk. Turtle road mortality and loss of habitat are the primary reasons for population declines. Please slow down while driving at this time. If it is safe to do so and you choose to move the turtle across the road and out of harm's way, move it in the direction it is travelling.

The Haliburton Highlands Land Trust, in collaboration with its partners, U-Links Centre for Community Research and Glenside Ecological Services, will con-

tinue their turtle project in 2015. This research project has been generously funded by the Ontario Ministry of Natural Resources and Forestry. Last fall, at a site on Gelert Road, the Land Trust erected a turtle barrier fence to funnel turtles towards an existing culvert. The culvert will provide an underpass and allow turtles to access the adjoining wetland without travelling on the road surface.

This May and June, the Land Trust will be monitoring three sites for turtle activity – one test site with barrier fencing and two control sites. If you would like to help with this exciting new research, please contact the Land Trust at e.d@haliburtonlandtrust.ca or call 705-457-3700.

If you want an early taste of spring, come out to see live turtles and snakes and learn more about these creatures who call Haliburton County home. Sign up for "The Reptile Road Show" presented by Scales Nature Park on Saturday, March 21, from 10 a.m. to 1 p.m. at the Haliburton Fish Hatchery. Adults \$15, children \$10, family pass \$30.

*Submitted by the Haliburton
Highlands Land Trust*



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Recipient: Haliburton County Echo & Minden Times

Nominees: Century 21 Granite Realty Group Ltd, Chaulk Woodworking, Haliburton Dance Academy, Head Lake Grill, Not Just Gas, Parker Pad Printing, Winterdance Dogsled Tours

Customer First Award

Sponsored by: Heat-Line

Recipient: Yummy Mummy Emporium

Nominees: Autumn Marketing, Chaulk Woodworking, Crystal Image Studio, Haliburton Chiropractic and Massage Therapy, Haliburton Yoga, Head Lake Grill, Hot Sips Café, JoAnne Sharpley's Source for Sports, Minden 50s Diner, Minden Pharmasave, Myers Chimney, Sears Minden, Stoughton's Quality Roofing, WRD Cottage Rentals

Entrepreneur of the Year

Sponsored by: Patient News

Recipient: Peter Schleifenbaum

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Innovation & Creativity Award

Sponsored by: HCDC

Recipient: SuperTrax Media

Nominees: 13 Oaks Firewood & Wood Processing, Biothermic Renewable Heating Solutions, Chaulk Woodworking, Haliburton Dance Academy, Moose FM, Positive Media Productions, The Highlander Newspaper, Trophy Property Corp.

Skilled Trades and Industry Award

Sponsored by: Minden Subaru

Recipient: Cottage Hill Furniture & Cabinets

Nominees: Greg Brown Construction, Timestone Inc

New Business Award

Sponsored by: Trophy Property Corp.

Recipient: Baked & Battered

Nominees: 13 Oaks Firewood & Wood Processing, Haliburton Highlands Brewing, Maple Avenue Tap & Grill, McArthur Tree Service, OfficePlus+, Pet Valu Haliburton, Yummy Mummy Emporium

Not-for-Profit of the Year Award

Sponsored by: Bank of Montreal

Recipient: Haliburton County Folk Society

Nominees: A Place Called Home, Algonquin Gateway Business Association, Bark Lake Cultural Developments, Canoe FM, Community Living Haliburton County, Dorset Community Partnership, Haliburton County Community Co-Operative, Haliburton Highlands Land Trust, Medeba, Rails End Gallery, SIRCH, Woodlands Wildlife Sanctuary

Tourism & Hospitality

Sponsored by: Ontario's Highlands

Tourism Organization and The County of Haliburton - Tourism
Recipient: Sunny Rock Bed & Breakfast

Nominees: Castle Antiques, Happy Trails - Sustainable Trail Construction, Maple Ave Tap & Grill, Tamarack Lodge Cottage Resort, The Little Tart, Up River Trading Company

Warden's Award

Sponsored by: The County of Haliburton

Recipient: Coalition of Haliburton Property Owners' Association

Highlander of the Year

Sponsored by: Lakeview Motel

Recipient: Jim Blake

Nominees: Bob Stinson, Gena Robertson, Gord Kidd, Janis Parker, John Teljeur, Ted Scholtes

Thank you to our Event & Award Sponsors:



Curl for Care

Curlers Dave Harris, left, and April Martin sweep a rock to the house at the annual Curl for Care on Saturday, Feb. 28 at the Haliburton Curling Club. Sponsored by Todd's Independent Grocer, the event raised more than \$3,200. /DARREN LUM Staff

Young Professionals Network to host St. Patrick's Day networking event

Are you in your 20s and 30s living in the Haliburton Highlands wondering if you're the only one? The Haliburton Highlands Young Professionals Network is holding an event to connect you with other young professionals in the county.

It's called St. Patrick's Day Speed Networking and it's happening from 7 to 10 p.m. on March 17 at the Dominion Hotel in Minden. Along with St. Paddy's Day green beverages and half-priced wings, you'll get some tips on how to get the most out of networking and mix up the crowd so you get a chance to meet everyone in the room.

Find out what other young professionals and entrepreneurs do, how they came to live in the Highlands and what their goals are. If you are in your 20s and 30s and interested in meeting other like-minded young people, come out and meet some great individuals! All young professionals are invited March 17 at the

Dominion Hotel in Minden to find out what the YPN is all about.

For more information and to RSVP look us up on Facebook, or email ypn@haliburtonchamber.com or call Lauren at 705-457-4700.

The Haliburton Highlands Young Professionals Network was established early in 2014 as an initiative of the Haliburton Highlands Chamber of Commerce. The first YPN event saw 50 young professionals attend and join the network. Since then, the committee has been holding various social and education events in the Haliburton Highlands geared to young professionals and entrepreneurs. Their goal is to connect and support young professionals who work, live and play in the Haliburton Highlands.

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Practising empathy through reading



Bessie's Books and Other Things

Bessie Sullivan
CEO/County Librarian

Empathy is the capacity to understand what another person is experiencing from within the other person's frame of reference, or as the old saying goes, "walk a mile in someone else's shoes."

Why is empathy important? Without it, we think that everyone else's experiences are just like ours. My husband finally understood the cautiousness that comes with being a woman when I paused to check the back seat of my car when approaching it in a dark parking lot one night. His personal safety is never at stake in his mind and he conducts himself with that belief, seeing it through my experience made him more attuned to my needs and more understanding of my fear.

Many recent studies indicate that reading fiction actually does increase our empathy. *Reading Between*

the Lines: the Benefits of Reading for Pleasure from the University of Liverpool's Centre for Research into Reading, Literature, and Society concludes: "With just 30 minutes of reading a week, as many as two thirds of readers (64%) reported a better understanding of other people's feelings versus less than half (48%) of non-readers."

The research also suggests that fiction readers are even more empathetic. Several books I have read in the last few years demonstrate the value of fiction in aiding me with empathy.

Various aspects of the human condition can be illustrated in fiction. Reading *The Help* by Kathryn Stockett gives me some insight into the frustration of being a black maid in 1960s Jackson, Mississippi. Spending time in a political prisoner's solitary confinement cell in Burma, *The Lizard Cage* by Karen Connelly, teaches me a history I wasn't aware of and helps me confirm my commitment to freedom of expression.

For me history is often best learned through fiction, *The Cellist of Sarajevo* by Steven Galloway taught me about the civil war in the former Yugoslavia and *The*

Far Side of the Sky by Daniel Kalla taught me about the experiences of Jewish Refugees in Shanghai during the Second World War.

Different mental states than my own can be demonstrated in fiction. *Lottery* by Patricia Wood features a main character with Down's syndrome and *The Curious Incident of the Dog in the Night-time* by Mark Haddon has a main character on the Autism spectrum.

Still Alice by Lisa Genova helps me understand the terror of early onset Alzheimer's and being powerless to stop it and Jojo Moyes's *Me before You* explores the helplessness of being wheelchair bound after an accident leaves one of the main characters a quadriplegic.

Although none of these situations, mindsets, or illnesses may ever happen to me, by reading about them I am better able to relate to the people around me and be more sensitive to what other people may need from me. Empathy is especially important to those of us working in libraries because our mandate is to support people from cradle to grave including all socio-economic demographics. Empathy goes a long way to ensuring that we are all equal as do public libraries.

Wind in the Willows Spas

Wind in the Willows Spa II in Minden has been sold as of March 1st, 2015.

All gift cards purchased from January 2015 to February 28, 2015 can be redeemed at Wind in the Willows Spa II in Minden or Wind in the Willows Spa in Haliburton.

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The Haliburton Highlands Young Professionals Network is an initiative of the Haliburton Highlands Chamber of Commerce.

HALIBURTON HIGHLANDS YPN



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Jim Blake named Highlander of the Year

By Jenn Watt

If it involves the arts in Haliburton, you can bet Jim Blake has had something to do with it.

From Dusk Dances to Dysart's cultural plan, the sculpture forest to the Rail Trail, all-candidates meetings to the arts council, Blake is there making things happen.

On Saturday night, the Chamber of Commerce honoured the Haliburton County Development Corporation consultant with the Highlander of the Year award.

After rattling off a lengthy list of committees and accomplishments, including Fleming College's Brian Desbiens Community Service Award, MC Mike Jaycock summed it up to Blake this way: "You are a great representative of who we are."

Blake said he first moved to the Highlands 25 years ago because of how impressed he was by the village of Haliburton.

"I chose to live here because I love this place and grew up here in the summer-time, but I also chose to live here because it was such a dynamic community. The little village of Haliburton had a college, an art gallery, two bookstores, a library, a theatre," he said.

And he found getting things done in Haliburton wasn't too hard at all.

"So, that's what makes things work here is you have an idea, you talk to five other people and they say, 'yep we'll do it.' It only happens because we all work

together."

Blake's award completed an evening of honours at the Pinestone Resort and Conference Centre Feb. 28 that awarded excellence in community and business for 2014.

The first award of the evening was for business achievement and was given to The Haliburton Echo and Minden Times.

"These newspapers have been a fixture in the community for over 100 years and in a time when newspapers feel the pressures, these papers continue to thrive. This comes from an award winning organization and staff being recognized in 2014 for multiple awards from the Ontario Community Newspaper Association," said Jaycock, reading the judge's comments.

Publisher David Zilstra accepted the award and thanked the staff as well as the readers and advertisers for supporting the papers over the years.

"Most of all I'm looking forward to the future of these operations," he said.

The Customer First Award was given to Yummy Mummy Emporium in Minden, which specializes in products for infants and children including holistic medicine and clothing. Owner Amanda Vollmer was unable to attend the event.

Peter Schleifenbaum, owner of Haliburton Forest and Wild Life Reserve, was given the Entrepreneur of the Year award.

He was also unable to attend the ceremony.



This year's Highlander of the Year Award recipient Jim Blake, centre, shares a laugh with the award's presenters and sponsors John McDonald, left, and wife Holly McDonald of the Lakeview Motel, at the ninth annual Business and Community Achievement Awards Gala on Saturday, Feb. 28 at the Pinestone Resort. /DARREN LUM Staff

Schleifenbaum was chosen for the award because Haliburton Forest has "turned into a forest bursting with life and economic opportunity," the judge's comments read. It was noted that he chose to take risks and find ways to make a shrinking industry – forestry – into a bustling business.

The Innovation and Creativity Award was given to Supertrax Media, which produces television and print media around ATVing and snowmobiling,

filming much of their TV show in the Minden area. The company employs nine people locally and seven outside of Canada. Supertrax is the largest snowmobile enthusiast publication in North America, Jaycock told the crowd.

Haliburton café and fish and chips shop Baked and Battered took home the New Business Award for their consistently good food, great customer service and connection to the community. The

see IT'S page 9

Spring Is the Sweetest Time of the Year at the Haliburton Highlands Museum!

March 17th - 21st 10am-5pm

Maple Fest returns with old-fashioned maple syrup making, tasty treats, kids' crafts and fun contests all week long!

Special Kids' Programs:

Life of a Leprechaun

Tuesday, March 17th, 11am-3pm

Scavenger hunts, games, crafts and legends from the Emerald Isle!

Victorian Games Afternoon

Thursday, March 19th, 1-3pm

The kind of games kids in Haliburton would have played over 100 years ago – no batteries required!

Spring Equinox Celebration!

Friday, March 20th, 6-9pm

Everyone is invited to join us around the fire for music (bring instruments and your singing voices!), warming snacks and fun traditions to say goodbye to Olde Man Winter and welcome the new season!

For more information, call 705-457-2760 or e-mail info@haliburtonhighlandsmuseum.com



REGISTERED PRACTICAL NURSE MENTAL HEALTH Full-time Permanent Position

Haliburton Highlands Health Services (HHHS) has an exciting opportunity for a Registered Practical Nurse to provide basic assessment and treatments, preventative, educational and/or supportive care. The RPN will employ basic knowledge, decision making and communication techniques to provide nursing care to individuals with mental health and/or addiction issues. Acting as a resource to both the inpatient and outpatient teams, the RPN will enhance, augment and further develop the transition of clients into the community. To be successful, the candidate must have completed a provincially recognized educational program for a Registered Practical Nurse (full scope of practice) and possess current registration with the Ontario College of Nurses in good standing. In addition to a minimum of 1-year recent experience in psychiatric mental health nursing, the candidate will possess a Certificate in Mental Health nursing or willing to achieve within first year of employment, have ASSIST Training, CPR certificate, Asepsis Technique and Medication Administration certificate, and CPI Certification.

OCCUPATIONAL THERAPIST Full-time Permanent Position

HHHS is also looking for an energetic and self-motivated Occupational Therapist (OT) wishing to join the interprofessional team to provide the functional assessment component within the GAIN program, as well as geriatric assessments for clients. The OT also provides education, consultation and liaison to optimize safety and support frail seniors living at home. The successful candidate must possess a Master of Science in Occupational Therapy or equivalent, be a member of the College of Occupational Therapists of Ontario (COTO) in good standing, in addition to more than 2 years previous experience in clinical work with geriatric clients.

If interested in either of these opportunities, please submit a resume in confidence by March 20, 2015 to:

Human Resources
Haliburton Highlands Health Services
Box 115, Haliburton, ON K0M 1S0
kbaird@hhhs.on.ca Fax: 705-457-2398 www.hhhs.ca

Haliburton Highlands Health Services thanks all applicants, however, only those selected for an interview will be contacted. If you are contacted by HHHS regarding a job opportunity or testing, please advise if you require accommodation. Information received relating to accommodation needs of applicants will be addressed confidentially.

'It's a great community to do business in'

from page 8

café features local artists' works on the walls, hosts yoga fundraisers and has launched a new endeavour with SIRCH Community Services called Cook It Up.

"Their development of the business as a morning coffee meeting place and the introduction of 10 items under \$10 are creative ways of addressing the difficult sales season," said Jaycock.

Owners Colby Marcellus and Craig Gordon accepted the award.

"This is a really great community and it's a great community to do business in and we're very, very proud to be here," said Marcellus.

The Haliburton County Folk Society was awarded for its 20-year history of providing live music to the Highlands in the not-for-profit category.

"This organization puts the needs of the overall community at the core of its operation, actively supporting and cross-promoting music of all genres," Jaycock said.

Barrie Martin accepted the award on behalf of the folk society.

"We just enjoy bringing great music to the community, supporting all types of music, not just folk and trying to encourage young musicians and others to play

music," he said.

Harcourt was represented this year in the form of Cottage Hill Furniture and Cabinets, which took home the Skilled Trades and Industry Award.

"We've been in this area now for 10 years striving to bring quality craftsmanship and design. Thank you for the recognition," Willy Ewaschuk said.

"Cottage Hill Furniture and Cabinets designs, builds and installs kitchens, bathroom vanities, Murphy beds, furniture and custom cabinetry with a flair of creativity and a high degree of craftsmanship," Jaycock said.

Sunny Rock B&B, off Gelert Road near Minden, was this year's Tourism and Hospitality winner. Owned by Sally Moore and Jan Clarke, Sunny Rock was lauded for its beautiful facilities, long history and the pair's strong advocacy for tourism excellence in the Highlands.

"If I had one wish it would be that every individual in this room for the next five weeks in preparation of the summer, every time you pick up the phone say, 'I look forward to welcoming you to the Haliburton Highlands,'" Moore said in accepting the award.

County Warden Murray Fearrey selected the Coalition of Haliburton



Lindsay Lester, wife to A.J. Lester of Sno Trax/Dirt Trax accepted the innovation and creativity award from sponsor representative Haliburton County Development Corporation's Peter Fredericks./DARREN LUM Staff

Property Owners Associations as winner of the Warden's Award.

Fearrey said the CHA represents more than 12,000 property owners across the Highlands and has done important work around maintaining and improving water quality.

CHA chairman Paul MacInnes used his time at the podium to talk about the importance of volunteers in the county.

"I have a great opportunity as a volunteer to work with so many other volunteers in this community," he said.

"Volunteers are special people. They don't do it for money, they don't do it for glory. They do it for the cause and to benefit their community. I just want to say thanks to all of those volunteers.... We live in a wonderful place."



Craig Gordon, left, and Colby Marcellus of Baked and Battered accepted this year's New Business Award from sponsor Trophy Property Corporation's Peter Brady./DARREN LUM Staff



This year's recipient of the tourism and hospitality award was Sunny Rock B&B owner Sally Moore (with partner Jan Clarke out of frame) reminds people to say, "welcome to the the Haliburton Highlands" during her acceptance speech./DARREN LUM Staff

OPEN HOUSE

Glamor Lake Bed & Breakfast
\$549,000



Friday, March 13th from 12-2 pm
1238 Glamor Lake Road

Beautiful and private 95 acres meticulously maintained with an operating, turn-key B&B and Maple Syrup operation. 5 BR, 4 bath, 5000+ sq ft stack-wood manor features oak floors, rough cut balsam & spruce and pine. Original stone fences and 4 marked trails for exploring the acreage. Close to several lakes and easy year round access.

Andrew Hodgson

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Saint Patrick never intended this



Living Large

Humour by Steve Galea

Here we are in the week leading up to Saint Patrick's Day. With this comes a certain celebratory air and those who love green beer (the colour blind) are particularly happy. The rest of us are just left wondering whether the green beer has been dyed or is just old.

What I'm trying to say is that Saint Paddy's Day is not all fun and games.

Here are 10 reasons why.

1. Green bowlers: I'm not talking about the hats so much as bowlers who have eaten bad food before going bowling.
2. Green bowlers: This time I am talking about the hats. No one, not even the Irish would normally be caught dead in those things, which just shows you how potent that green beer is.
3. Leprechauns: I think I can speak for all short people when I say I'm sick of being asked where my pot of gold whenever I attend a St. Paddy's Day.
4. Fake accents: Repeating the phrase "Patio Lantern"

does not make you sound more Irish.

5. Traditional music: Most of it is great but, be warned, every now and then, the Irish play bagpipes too. And not as well as the Scots.
6. It is just not true: According to legend, St. Patrick drove the snakes out of Ireland. I ask you, how on earth could this have even happened? Cars weren't invented back then.
7. Frogs: With everything so green on that day, it's no wonder a frog would try to slip in on the action. Ever heard that phrase, "you have to kiss a lot of frogs to find your prince?" Well, it refers to those St. Patrick's Day hook ups. Darn frogs.
8. Shamrock Shakes: Sure, this is a popular drink only offered once a year, but it is also the after effect of drinking too many green beers. Having had both, I'm still not sure which is worse.
9. Spontaneous river dancing: This typically happens on St. Patrick's Day at the line up to the pub's washroom. Don't ask about the river.
10. Irish Stew: I'm not talking about food here, though Irish stew is arguably one of the finest foods to ever come out of that country. No, I'm talking about that guy named Stewart who is third generation Canadian and is suddenly Irish on St. Patrick's Day. Annoying, heck yes.

Chuck Wagon Hoedown to benefit Lions

By Jenn Watt

Put on your cowboy hat and slide on your bolo tie for the Lions Club Chuck Wagon Hoedown in Haliburton Saturday, March 21.

The local club is hosting the fundraiser at the Legion to raise money for their ongoing community initiatives and they're planning an old fashioned country outing to raise spirits in the midst of March.

"We're going to have bales of hay and decorate it up," says Linda Heeps, secretary of the local Lions Club. Offering the "best hot meat or veggie pies in town," the hoedown will also serve up homemade beans and coleslaw.

Toes will be tapping to the tunes of Gord Kidd and the 50/50 Band and Heeps expects some line dancing to take place.

Tickets are \$15 each and money raised goes into the general account of the Lions Club, which is regularly accessed by community members for a variety of reasons.

One of the big expenses for the Lions is providing eye glasses for those who can't afford them. Heeps says the club will get a phone call from an area optometrist saying someone has a new prescription, but can't afford to fill it. That's when the club steps in.

The Lions provided six pairs of glasses recently in one month.

They also pay for people to have accessibility ramps put in at their homes or on their cars – again, for those who cannot afford to do so themselves.

Much of what the Lions do goes without much fanfare.

"These are things that go under the radar that you don't really hear about," Heeps says.

Lions volunteer at local schools doing literacy work. They have begun singing at long-term care homes with Gord Kidd to entertain residents. They give money to local figure skating and dance groups and pay for a bus to bring children from Cardiff to see *The Nutcracker* every year.

When there are house fires, they step in, giving those awaiting insurance money a small financial contribution to help get through the difficult time.

Winter months are harder for the club – most of their money comes in through community barbecues, which aren't very practical when it's -20°C.

"We're trying to fill up our coffers to get us to the summer when we start up our barbecue again," Heeps says.

The Chuck Wagon Hoedown is Saturday, March 21 from 4 to 8 p.m. at the Haliburton Legion.

Tickets are \$15 and are available at Halco Electronics in Haliburton or by calling Heeps at 705-457-2064.



COUNTY OF HALIBURTON Official Plan UPDATE 2015

NOTICE OF SPECIAL MEETING OF THE COUNTY OF HALIBURTON COUNCIL

The County of Haliburton Official Plan 5 Year Review

TAKE NOTICE that the Council of the County of Haliburton will hold a Special Public Meeting pursuant to Section 26 (3)(b) of the Planning Act, RSO, 1990, c.P.13 (as amended) as follows:

Wednesday, April 29, 2015, 1 pm

County Council Chambers, 11 Newcastle Street, Minden

THE PURPOSE OF THIS MEETING is to provide the public with an opportunity to identify and discuss revisions that may be required to update the current County of Haliburton Official Plan. County Council will consider any written submissions on the Official Plan Review and provide the public with an opportunity to participate in the process.

AN OFFICIAL PLAN is a policy document which guides the development and growth of our communities and County. It provides land use direction regarding residential, commercial, industrial, institutional, parkland, utilities, infrastructure and many other land use components. The goals and objectives set out in the Official Plan work to balance the interests of each individual property owner and each community with those of the municipalities and the County.

THE MEETING will include a brief presentation by the Director of Planning. The presentation will outline the new provincial policy environment, proposed updates to the Official Plan and outline the review process.

Other public meetings and open houses will be scheduled over the coming months as part of the formal amendment process to update the Official Plan. Notice of future meetings will be posted on the County website, tweeted and will be published in the local newspapers.

IF A PERSON or public body does not make oral submissions at a public meeting or make written submissions to the County of Haliburton before the proposed official plan amendment is adopted, the person or public body is not entitled to appeal the decision of the County of Haliburton or the Ministry of Municipal Affairs and Housing to the Ontario Municipal Board.

IF A PERSON or public body does not make oral submissions at a public meeting or make written submissions to the County of Haliburton before the proposed official plan amendment is adopted, the person or public body may not be added as a party to the hearing of an appeal before the Ontario Municipal Board unless, in the opinion of the Board, there are reasonable grounds to add the person or public body as a party.

ADDITIONAL INFORMATION may be obtained by visiting the County of Haliburton Administrative Offices, 11 Newcastle Street, Minden, Ontario or by contacting the County of Haliburton Director of Planning, Charley White, MCIP, RPP, (705) 286-1333 or cwhite@county.haliburton.on.ca or by visiting the County Website www.haliburtoncounty.ca. If you wish to speak at the meeting please contact the Director of Planning.

Charley White, MCIP, RPP
Director of Planning

Ministry seeks public's help in illegal moose shooting

The Ministry of Natural Resources and Forestry is seeking the public's help in identifying the person or persons responsible for dumping the remains of a cow moose along the Johnston Road, just north of Madoc, in the Municipality of Centre Hastings. The moose had been shot out of season.

The remains of the butchered moose were found inside a grain bag that was dumped in a ditch along the Johnston Road during the first week of December 2014. The hide and remains were fresh and it is believed the moose was shot around Dec. 1.

If you have any information about this incident, please contact the MNRF TIPS line at 1-877-847-7667 toll-free any time or call Crime Stoppers anonymously at 1-800-222-TIPS (8477). You can also call the ministry's Peterborough Enforcement Office during regular business hours at 705-755-3364.



Drew Bishop**
457-2128 x 23



Dagmar Boettcher**
489-9968



Janice Brookes**
457-2128 x 22



Gloria Carnochan*
754-1932



Mark Dennys*
457-2128 x 30



Tom Ecclestone*
286-2138 x 26



Lee Gauthier**
489-9968



Ed Gibbons*
286-2138 x 28



Andrew Hodgson***
286-2138 x 29



Susanne James*
& Andy Mosher**
457-2128 x 33



Denise LeBlanc*
286-2138 x 23

Haliburton Home \$369,000



- Nestled amidst towering pines, close to town & lakes
- 3 bedroom, 4 bath, master w/ ensuite
- Radiant heating, cherry kitchen w/ island, WO
- Call Drew for further details.

Drew Bishop 457-2128 x 23

New Haliburton Home \$359,000



- Brand new 2 storey with lower floor apartment
- 3 bdrms, 2 & 1/2 baths w/large, open living area
- 2700 Sq ft above ground w/lots of windows & decks
- Large private backyard & a garage with a finished Bunkie

Gloria Carnochan 754-1932

Ingoldsby \$259,000



- Beautiful Home or Cottage
- 2000 sq.ft. 3 bdrm/2 bathrooms
- New mn floor Fam Rm
- Close access to Lake
- 10 min from Minden/Haliburton

Lee Gauthier 489-9968

Long/Miskwabi Chain \$219,900



- Build your dream cottage
- Spectacular panoramic views of Long Lake
- 155' shoreline, great swimming
- Shed, dock, outdoor shower

Susanne James & Andy Mosher
457-2128 x 33

South of Minden \$117,900



- Well maintained home in quiet community
- Newly shingled roof in 2012, bright kitchen
- 3 bdrms, laundry room, woodstove, office
- Loads of space, private yard

Erin Nicholls 457-2128 x 34

Spectacular Soyers Lake \$1,800,000



- Sun all day, huge lake view, gorgeous sand beach, incredible sunsets
- Executive cottage with 4 bedrooms, 4 1/2 baths, gourmet kitchen, 2 fireplaces
- Separate guest suite, finished lower level, rec room, wet bar, office
- Attached triple car garage as well as detached 30 x 40 workshop

Greg Stamp 457-2128 x 28

Maple Lake \$469,900



- Year Round 3 Bdrm./3 Bath Home
- Over 3500 sq ft of living space
- Hardwoods, Cathedral Ceiling, 2 Propane Fireplaces
- Att'd Garage, Full Finished Basement, Sand Shoreline

Melanie Vigrass 286-2138 x 32

Picturesque Stormy Lake \$327,900



- 100 Ft Water Frontage, 0.89 acres
- Approx 1482 Sq Ft, 3 Bdrm + den, 4 Pc Bath
- South Exposure, Turn-key w/garage
- Child friendly waterfront & yard

Mark Dennys 457-2128 x 30

Irondale River \$189,000



- 115 ft prime riverfront on a private setting
- Park-like .85 acre lot with a gentle slope
- 2 bdrm and 1 bath updated cottage with decks
- Great view and room to rebuild or expand

Dagmar Boettcher 489-9968

NEW LISTING

Beautiful Eagle Lake - \$389,900



- 120 Ft Water Frontage, .83 acres
- Approx 930 Sq Ft, 3 Bdrm, 3 Pc Bath
- Cathedral Pine Ceilings, Turn-key
- Level Lot, Private Sandy Beach, Close to Sir Sam's Ski Hill

Mark Dennys 457-2128 x 30

NEW LISTING

Recently renovated in downtown Minden! \$139,900



- 1,020 sq ft, 2 bdrms, perfect starter or retirement home
- Updates incl new flooring & kitchen w/ stainless steel appliances
- Located on municipal rd, laundry on 1st floor & uses in town services; very low maintenance

Ed Gibbons 286-2138 x 28

Haliburton Commercial \$229,000



- Wonderful downtown location
- Currently used as a triplex
- Commercially zoned for future
- Private parking

Denise LeBlanc 286-2138 x 23

Little Redstone Lake Chalet \$950,000



- Spectacular custom built Timber-Frame w/450 ft of frontage
- Open concept interior w/ walkout
- Gourmet Kitchen, Cathedral Ceilings, Master Bdrm w/Ensuite, Upper Loft
- Finished Lower Level w/large entertainment room, Bedrooms & 4 pc Bath

Karen Nimigon 457-2128 x 29

NEW PRICE

Home Sweet Home \$305,000



- Gorgeous country setting yet in town home
- 4 BRs and 2 1/2 baths, main floor laundry
- Main floor family room, lower level rec rm
- 2 car garage, beautiful lot and super yard

Kim Stamp 457-2128 x 24

NEW PRICE

Hobby Farm \$364,900

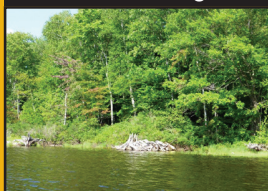


- 37.5 acres of fun
- Beautiful 3+ bedroom home
- Large barn, garage, and guest house
- Direct access to 1000's of acres of crown land and trails

Tom Wilkinson 286-2138 x 25

NEW LISTING

Kushog Lake Acreage \$195,000



- 30 acres with 85 feet waterfront
- Off year round municipal road
- Many great building sites
- Hard sand bottom waterfront

Lee Gauthier 489-9968

Halbiem – BY THE LAKE! \$68,900



- Prestigious neighborhood
- Boat launch 5 lake chain
- Close to all amenities
- Walk to town!!!

Janice Brookes 457-2128 x 22

Now this is a Cottage! \$425,000



- Year round home on CLEAR LAKE
- 3 bedrooms, 2 baths, level lot
- Beautiful sand beach, fully furnished
- Oversized insulated garage, just perfect

Tom Ecclestone 286-2138 x 26

Big Lake View on Gull Lake \$1,069,000



- Stunning yr round Eco Log Home
- 209 Ft of shoreline on premium Lake
- Afternoon sun & amazing sunsets
- 4 Lg bdrms, 3 ensuites, 4 1/2 baths total

Andrew Hodgson 286-2138 x 29

Norland Area Home \$269,000



- 2 Storey Royal home w/att garage
- 209 Ft of shoreline on premium Lake
- Partially finished bsmt
- Landscaped, 1.53 acres

David Lee 286-2138 x 27

13 Acres Minden Building Lot \$55,000



- 13 Well treed acres, both soft and hardwoods
- Building site and driveway in place
- Hydro and telephone at the road
- Backs on to privately owned, non-developed woodlands

Margie Prestwich 705-306-0491

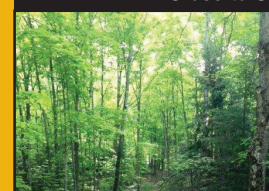
Glamor Lake \$569,000



- Stunning sunsets from this property
- WO to lakeside deck from master, kit & livingrm
- WO bsmt, landscaped lot, perennial gardens
- 3 car gar. with storage, + out buildings, custom dock

Elizabeth Thompson 457-2128 x 52

Close to Ski Hill \$34,500



- Building lot in Eagle Lake Area
- 1.37 acres with frontage on 2 municipal roads
- Easy access with services at lot line
- Public beach, shopping & restaurants nearby

Andrea Wilson 457-2128 x 25

For Sale Or Lease!



- 1,200 sq ft, totally renovated
- C-1 Zoning, Great Exposure
- Close to Township/County Offices
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Elizabeth Thompson*
457-2128 x 52



Melanie Vigrass*
286-2138 x 32



Tom Wilkinson**
286-2138 x 25



Andrea Wilson**
457-2128 x 25

Tips on healthy snacks

A local nutrition expert is offering advice on how to develop a taste for healthy eating on the job. At the same time, registered dietitian Rosie Kadwell is making a business case for why workplaces should do more to support healthy eating for their employees. "Healthy eating is good for business," says Kadwell, who works for the Haliburton, Kawartha, Pine Ridge District Health Unit. "Nutritious eating at work can help to boost concentration and productivity. It means people are healthier and more likely to be at work and performing well." Eating well at work is the theme of Nutrition Month in March, and it is a message that Kadwell wants to promote to both employees and employers alike in Haliburton County. Healthy eating at work is not always easy; according to a recent Ipsos-Reid poll conducted for Dietitians of Canada (www.dietitians.ca), 45 per cent of Canadians find eating healthy meals and snacks at work is a real challenge.

"Workday challenges and lack of time do make it difficult to eat well," Kadwell acknowledges. "The recipe for success includes two key ingredients: employees making healthier eating choices on the job and employers creating an environment at work that supports healthy food choices." She says employers can create a workplace culture that supports healthy eating in a number of ways.

One approach is to improve the quality of foods offered and sold in the workplace, as well as to provide healthier food and drink choices during workplace meetings and special events. Getting staff input on how to do this can be invaluable. Providing a safe and pleasant eating area with small kitchen appliances where staff members can prepare and enjoy food is also important. "As a workplace, you are sending a

strong message that it is important for staff members to take time for lunch and breaks. That pays off in the end for everyone," she says.

The health unit also offers tips on how employees can eat well throughout the day:

- Make time for breakfast to fuel your body and brain. If you are rushed for time, prepare healthier morning meals in advance so you can skip a coffee and pastry pit stop on the way to work.
- Pack nutritional punch into your work lunch. Forget the same old sandwich by thinking outside the lunch box. For example, reinvent dinner leftovers such as chicken or turkey by mixing it in with cheese, tortilla and salad to create a tasty lunch wrap.
- Beat the mid-afternoon slump without the need for a java jolt. Stand up during phone calls, or walk around your desk or office to get moving again. Re-energize yourself with a small snack such as carrot sticks with dip or cottage cheese with fruit. Drinking water can also help you avoid that sleepy feeling. To make the healthy choice the easy choice for everyone at work, consider starting a healthy snack program at your workplace.
- Handle hunger cravings in a healthy way during the commute home. Wet your whistle before heading home by drinking water, a frothy latte or tea (preferably green, black or herbal without the sugar). You can also try a healthy snack such as fruit, cheese and crackers, yogurt, veggie-and-dip packs, plain popcorn or trail mix.

For more credible and reliable nutrition information and resources, call the health unit at 705-457-1391 and speak to a registered dietitian or visit www.hkpr.on.ca.



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Up River Trading Co.

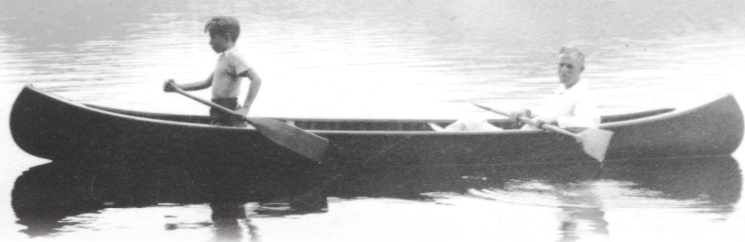
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ST. PATRICK'S WEEK SALE

**Tuesday, March 17th
to Sunday, March 22**

**ALL GREEN COLOURED ITEMS
WILL BE 50% OFF**

**ALL OTHER ITEMS
WILL BE 20% OFF**

123 Maple Avenue, Haliburton
www.antiques-ontario.com

*some restrictions do apply –
does not include art work by
David Alexander Risk

The Haliburton Real Estate Team!

Linda Baumgartner Broker

Troy Austen Sales Representative

Nicole Baumgartner Sales Representative



North Country Realty Inc.
Brokerage Independently Owned and Operated

(705) 457-1011 ext. 231 or

1-800-465-2984



FORMER WIGAMOG INN

Once a thriving business on 41 acres. Overlooks Lake Kashagawigamog. Lots of buildings and amenities - so much potential.
\$800,000



BEAUTIFUL MOOSE LAKE

Spacious 3BR 4 season cott or home. Full fin bsmt, lg screen porch, sundeck w/glass panels, wood FP. Level lot, great shoreline, dbl garage & more! Watch sunsets from the dock.
\$499,000



OTTER LAKE TRANQUILITY

4 Season Royal Home/Cottage. 8.84 acres, 379 Ft. FRTG on a no motor lake. 3+2 BR. Open Concept, Fireplace, Large Windows, Spacious Deck.
\$439,900



CUSTOM BUILT HOME

Bright beautiful 3BR, cath ceilings, spacious oak kitchen, Oversized grg with finished loft.
1/9th ownership in Miskwabi Access Lot.
\$349,000



STUNNING LOG HOME

Private, nicely treed lot with new home/cottage. Big windows allow natural light thru'out. Full fin w/o bsmt. 3BR. Near skiing Eagle Lake.
\$308,900



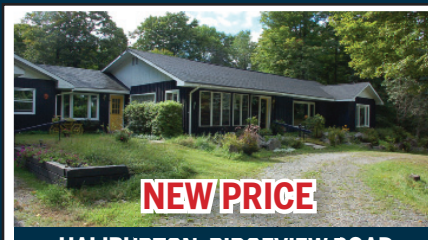
IRONDALE RIVER

Large home/cottage on 9+ ac. Sunny private lot. 3+2 Br. Spacious. Full Basement. Many Features.
\$270,000



HALIBURTON-SUNNYSIDE ST.

Walk to town. Treed private lot. Open concept, vaulted ceilings. Large wraparound deck. Huge recroom, Insul det garage. Nice design. Fresh Paint & Shingles!
\$265,000



HALIBURTON, RIDGEVIEW ROAD

Sprawling 3BR ranch bungalow. Private landscaped lot. Att garage, 1BR apt, Excellent value for 2600sf.
\$258,000



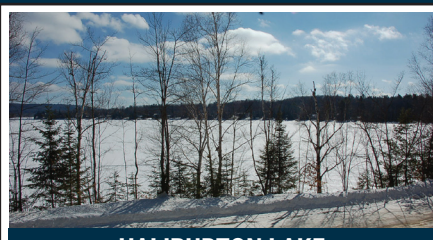
WEST GUILFORD HOME

Great potential with Commercial Zoning, 2.33 ac lot & 496' frtg. Att garage. Green Lake across road.
\$235,000



WEST OF HALIBURTON

Sprawling 5BR bungalow with many upgrades. Dbl det garage. Huge deck. Very spacious family home. Lake access nearby.
\$165,000



HALIBURTON LAKE

2.45 Acre lot on fantastic lake. Great big lake view, near boat launch, year rnd road. Clean sand shoreline across road.
\$109,000

VACANT LOTS

FADER ROAD OR PROVIDENCE DRIVE

2 lots w/deeded access to Maple Lake
\$23,000 EACH

KELSON ROAD

1.5 Acre Lot. Walk to Lake .
\$32,500

GLEBE ROAD

Prestigious Area!
\$79,800

DRAG RIVER LOT

420 ft / 4 Acres
\$85,000

Highway 121

22 Ac south of Minden
\$55,900



A GOOD THING about a For-Sale sign is that the buyer sees the house and location before calling.

Real Estate Update FOR-SALE SIGNS HAVE MERIT.

Question: What is your opinion on the use of For-Sale signs?

Answer: Yard signs are not necessary for marketing all homes and in all locations. However, they do have some positive elements.

When a prospect makes an inquiry in response to a sign, he or she has already approved the location and has seen the grounds and exterior of the house and is calling for more information.

A yard sign has advertising endurance. It stays up until the property is sold. A newspaper ad loses its impact in one day. Also, the Realtor's name and phone on the sign will direct all inquiries in that direction - not the seller.



info@haliburtonrealestate.on.ca

www.haliburtonrealestate.on.ca



HaliburtonRealEstateTeam



Frosty Winter

"I have lived here for over 46 years in full view of the river and have never seen so much ice on the river before," writes Derek Rolfe.

"Most years we get ice bridges forming, which soon go at the slightest warming trend, but this winter it's just hanging in there."

Making your pharmacist a partner in health

The Ontario Pharmacists Association (OPA) is calling on all Ontarians to get to know their local pharmacist and learn how they can become a partner in health through a new online resource.

The association recently launched the website PharmacistsOfferMore.ca, highlighting the many ways pharmacists can help you stay healthy – beyond dispensing pills. Ontarians can use the website as a tool for information on services available, and March is a perfect time to start.

Every year, March is set aside to help recognize the role pharmacists play in our daily lives. This year's Pharmacist Awareness Month celebrates pharmacists as partners in care.

According to Deb Saltmarche, chair of the board at OPA, patients, caregivers, pharmacists, and other health-care providers can work together towards the best possible health outcomes.

"Pharmacists, whether in a community pharmacy, long-term care or hospital setting, or part of a family health team, are important members of your health-care team," says Saltmarche. "We are highly trained medication experts, there when you need us the most, and helping to keep your health in check."

Pharmacists review dosage levels, watch for drug interactions, help manage chronic diseases, and adapt and renew medications (as appropriate) to help patients stay on track with their medications and receive the maximum benefit from

their prescriptions.

How else do pharmacists help? They can:

1. Administer flu shots.
2. Provide smoking cessation counselling and prescribe medications to support patients who want to quit smoking (when appropriate).
3. Provide MedsCheck medication reviews, at no charge for eligible patients.
4. Adapt and renew prescriptions (when appropriate).
5. Help patients meet their health and wellness goals by providing information and support.

Some of the areas pharmacists can expand their role in the future are:

- Introduction of a pharmacy-based, common or minor ailments program, treating non-critical medical issues such as pink eye, skin rash, etc.
- Expanding immunization programs to include routine injections such as the HPV vaccine, pertussis, and travel vaccines.
- Expanding access to, and coverage for the pharmacy-based smoking cessation program to every Ontario smoker who wants to quit.

The next time you make a trip to your local pharmacy, why not take a moment to get to know your pharmacist and learn how they can be your partner in health.

MARCH BREAK PROGRAMMING

MONDAY, March 16—FRIDAY, March 20, 2015

AGNES JAMIESON GALLERY

public art gallery

Registration

Pre-registration is required by calling
the Agnes Jamieson Gallery at
705-286-3763

Online registration form:

<http://mindenhills.ca/workshops>

FEE: \$10 per day per child

AGE: Recommended 8+

All material is supplied. Children must bring healthy snacks, drinks and lunch. A kitchen area is available. Children must remain at the Centre for the entire day.

Appropriate outdoor wear is necessary.



Monday

ART 9am to 12pm

Vincent Van Gogh was a famous Dutch painter. He was known for bright, vibrant paintings that used paint strokes to evoke movement. Children will try this style of painting, using techniques with acrylic paint, and will also plant their own sunflower to have come Spring!

ACTIVITIES 12:30pm to 3:30pm

We will walk to the arena for a GPS scavenger hunt. Children will receive a quick tutorial on operating a GPS, then divide into teams and race to complete a scavenger hunt. Included in the scavenger hunt is a word puzzle with a Dr. Seuss theme.

Upon returning to the Cultural Centre children will explore what being Canadian means to them. Children will assist one another in tracing the outline of their entire body then fill in their silhouette by drawing, writing and pasting all things that they feel makes them Canadian/what they love about Canada. Outdoor wear required.

Tuesday

ART 9am to 12pm

Kandinsky was an influential Russian painter and art theorist. He is credited with painting one of the first purely abstract works. This class offers this pure creativity and exploration in visual art. Children will paint a giant mural painting while listening to music which can stimulate pure creative thought. This project allows for a number of art skills to develop.

ACTIVITIES 12:30pm to 3:30pm

National Film Board documentary *A Crack In The Pavement: Growing Dreams* - A look into what kids and schools have done to turn paved school yards into green schoolyards.

Tour of tour of Nature's Place to discuss *Dead Zones The Health of Our Lakes* exhibition. Children will create a collage as a group depicting healthy water in Nature's Place. End of day the class will walk to the arena for a game of broomball.

Outdoor wear required.

Wednesday

ART 9am to 12pm

George Seurat was a French Post-Impressionist painter and draftsman. He is noted for his innovative use of drawing media and for devising the painting techniques known as pointillism. For this work-shop

children focus on watercolor - using the pointillism method and create an imaginative underwater scene. ACTIVITIES 12:30pm to 3:30pm

For the afternoon, children will enjoy a nature walk; identifying what spring has to offer in the wetlands along the board walk. This will be followed with a game of soccer baseball and a game of Camouflage. Outdoor wear required.

Thursday

ART 9am to 12pm

Frida Kahlo de Rivera was a Mexican painter who is best known for her self-portraits. Students add "some-thing that helps people know them better" to their self-portraits, even if it's as simple as using their favorite color in the background. The technique for making borders helps unify the piece and teach design methods.

ACTIVITIES 12:30pm to 3:30pm

National Film Board documentary *The Girl Who Hated Books*. This animated short about literacy introduces us to Meena, a young girl who hates books even though her parents love to read. Books are everywhere in Meena's house, in cupboards, drawers and even piled up on the stairs. Still, she refuses to even open one up. But when her cat Max accidentally knocks down a huge stack, pandemonium ensues and nothing is ever the same again. Children will then play a game of pioneer bingo followed by broom ball at the arena. Outdoor wear required.

Friday

ART 9am to 12pm

Marc Chagall was a Belorussian-born French artist whose work generally was based on emotional association rather than traditional pictorial fundamentals. Children will enjoy creating quirky streetscapes and dream-like scenes. There's just something really fun about crooked buildings and random things flying through the air!

ACTIVITIES 12:30pm to 3:30pm

The afternoon will start with a nature hike, identifying plants in the wetlands along the boardwalk, ending at the ball diamonds behind the arena where a tournament of Frisbee Golf will be held. Upon returning to the Cultural Centre children will be creating woven baskets with paper plates and yarn. Outdoor wear required.

UPCOMING Community Events



Dated Events

Volunteer Income Tax Clinics – Wilberforce

When: 2 p.m. to 3:30 p.m. every Wednesday until Wednesday, April 23
Where: Wilberforce Legion

Volunteer Income Tax Clinics - Haliburton

When: 9:30 a.m. to 2 p.m. and every Thursday until Thursday, April 23
Where: Haliburton Legion

Christine Campbell – House Concert

When: March 12, 7:30 p.m.
Where: Home of Barrie and Pat Martin
A killer guitarist, a classically trained pianist, a raw, honest songwriter, and an incomparable singer. To reserve a seat contact 705-754-3436, barrie.martin@sympatico.ca.

Those Other Movies

When: Thursday, March 12, 4:15 and 7:15 p.m.
Where: Northern Lights Performing Arts Pavilion
Movie Showings
Contact: northernlightstheatre@gmail.com

Wilberforce Curling Bonspiel – Child + One (Adult)

When: March 14
Where: Wilberforce Curling Club – Loop Road and Essonville Line
Two six-end games, \$80/team (two children and two adults) with lunch included.
Contact Wilberforce Curling Club 705-448-2512, wilberforce-curling@gmail.com

March Break

When: March 14 to 22
Where: Sir Sam's Ski and Bike
A great day of skiing, racing, indoor games. Cost \$125 per person includes lift ticket, rentals, breakfast, lunch and dinner. Prizes awarded at 7 p.m. Please book in advance.
Contact: chris@sirsams.com, 705-754-2298

Lattis Felting Workshop with Sue MacDonald

When: Sat. March 14, 10 a.m. to 4 p.m., Adult/teen
Where: The Art Hive, 10239 Hwy 118
Using merino and silk Imported from Australia you will learn to faux weave your very own work of art to wear or display. Cost: \$55 full day plus material cost to teacher on the day. (You choose how much you want to spend approximately \$12 to \$30.)
Contact: 705-754-0021, www.TheArtHive.com

Introduction to Ice Climbing

When: March 14, 9:30 a.m. to 12 p.m.
Where: Medeba Adventure Learning Centre, West Guilford
Embrace the winter wonders of the Highlands and try your hand (and foot) at ice climbing. You will scale the slippery slope on a 50-foot wall at Medeba. This is a fun and safe two-hour introduction to ice climbing. Climbing equipment, a warm hut and hot beverages will be provided.
Contact: Barrie Martin of Yours Outdoors 705-754-3436 or info@yoursoutdoors.ca

St. Patrick's Stew Dinner

The Lochlin Community Center on Saturday March 14th 2015
Serving homemade stew, cole slaw, traditional Irish soda bread & fresh rolls, a variety of desserts and beverage. Adults are \$12, kids (12 & under)-6\$, children under 4- Free. Seating available for 5:00 and 6:30, take-out available. For reservation please call Helen at 705-286-6087 or Linda at 705-286-3438. Bring the kids, your friends and neighbours and enjoy the evening and support your Community Center!

St. Patrick's Day Dinner

Haliburton United Church, Fellowship Room
Tuesday, March 17 at 5:30 p.m.
Order tickets by calling Robin at 705-457-1771
\$10 per person, \$5 for children (under 12)

Corn Beef & Cabbage, Soda Bread, Dessert, Tea/Coffee
Take out available at Haliburton United Church. A Haliburton United Church Fundraiser!

Pan Am/Parapan Am Games – Minden Information Session

Tuesday March 17
6 pm - 8 pm
Minden Community Centre, Room#3

On Tuesday, March 17, come meet members of the TORONTO 2015 Pan Am/Parapan Am Games Organizing Committee (TO2015), the Ministry of Transportation, the Integrated Security Unit and the Township of Minden Hills to learn more about how your community may be affected by the Games. Meeting will take place at the S.G. Nesbitt Memorial Arena & Community Centre, 55 Parkside Street, Room #3 from 6 pm to 8 pm.

Chuck Wagon Hoedown

When: Saturday, March 21, 4 to 8 p.m.
Where: Haliburton Legion
Support the Haliburton Lions Club during this March Break event. It's a chuck wagon hoedown. The best hot meat or veggie pies in town and the best music with the 50/50 band! It's a great way to lend a helping hand. Tickets just \$15 available at Halco Electronics in Haliburton or by calling Lion Linda at 705-457-2064.

Free Drop Off Tax Clinics

When: April 6 from 1 to 3 p.m. at the Haliburton Legion; April 8 from 1 to 3 p.m. at the Minden Legion
CARP Chapter 54 will help complete simply income tax and benefit returns for the 2014 tax year. Drop off your information at the Minden or Haliburton Legion (see dates and times above) and we will prepare and submit your return by e-filing. Be sure to bring all documents and contact information.
Contact: Elaine Schmid 705-754-3681

"Pirates of Penzance"

Highlands Little Theatre is presenting "Pirates of Penzance", evening performances at 7:30 p.m. on April 16, 17 and 18 and a Matinee at 2 p.m. on April 19 at the Northern Lights Performing Arts Pavilion. Tickets are available by calling Jim Frost at 705-457-4031 or by purchasing tickets from Cranberry Cottage in Haliburton and Minden Pharmasave in Minden. This Gilbert and Sullivan musical was last seen in Haliburton in 1975 as performed by the Glee Club of Haliburton Highlands Secondary School. This Spring, current Haliburton County residents, young and old, are preparing to present Pirates once again! Come and join in the fun and frivolity

Legion Events

Branch 624, Wilberforce

Jan Simon PRO
Friday Community Care 55+ Lunch 12:00pm
Please call Gwen Otto to reserve you place
Everyone 55+ welcome!!
Pool 2:30PM
Jam Session 7:30PM
Saturday Meat Draw 2:00pm-5:00pm -
Early Bird 3pm sharp
Monday Bid Euchre
Wednesday Fun Darts

Branch 129, Haliburton

Dave Allen, PRO 705-457-2571
Mondays: Bridge every Monday at 1pm
Tuesdays: Open dart night at 7pm
Wednesdays: Bid Euchre 1 pm start
Bingo Doors open at 6 pm, Bingo starts at 7 pm - \$500 Jackpot \$1000 Jackpot - last Wednesday of the month
Thursdays: General Meeting Second Thursday of the month starting at 7:30 pm. All members urged to attend
Ladies Auxiliary Last Thursday of the month at 1 pm
Fridays: Cribbage 1 pm start
Meat Draw Five Draws, Five Prizes each draw, First draw at 4:30 pm, Last draw at 6:30 pm, Tickets are \$2 per draw...Chester Howse, MC
Saturdays: 50/50 Draw 4 pm draw, Tickets are \$1 each from noon onwards

Sundays: Breakfast Second and fourth Sunday of the month – 9:30 am – 1 pm \$6 per person.
Occasional volunteers are needed.

Upcoming Events: Live entertainment featuring Gord Kidd & friends in the Club Room Saturday, March 14th 4-7 p.m. Enjoy cabbage rolls prepared by the Ladies Auxiliary for only \$5. No cover.
Join us for traditional St. Patrick's Day lunch prepared by the Ladies Auxiliary in the Legion Main Hall on Tuesday March 17th 11:30 a.m. - 1:30 p.m. Irish stew, coleslaw, dessert & tea/coffee. Adults \$8 or \$4 for 12 and under.
Whether you're planning a function for 10 or 200, call the Legion today for more information 705 457 2571
Please come out and support Haliburton Legion Branch 129...everyone is welcome!

Branch 636, Minden 705-286-4541

Open Mon-Thurs 10am-6pm, Fridays til 9pm, Sundays 1-5.
Clubroom open to the public, Patio open, Wifi, debit machine, table trivia, dart boards
Big Euchre, 1st Sunday of the month, includes lunch
Lunches noon to 2pm
Mon to Thursday: full menu and daily specials.
Tuesdays: Tuesday Liver & Onions special, plus full menu available 12-2.
On Fridays we serve beer-battered Fish and Chips for lunch or supper.
Friday lunch menu: beer-battered fish with fries or onion rings. Friday supper 5-7pm also chicken wings
Wednesdays: Meat Draw at noon, \$8 buys 8 chances for butcher-quality meat.
Ladies Darts on **Thursdays**

Recurring Events

Kitchen Party Music Jams

When: Every Saturday From 1:00 pm to 4:00 pm (continuous event)
Where: Dominion Hotel Pub, 113 Main Street, Minden, ON
Details: Musicians are welcome to come out to play and Fans are welcome to come out and enjoy the music at the free Jam Sessions every Saturday afternoon - 1st Saturday Folk/Celtic Music, 2nd & 5th Saturdays Mixed Acoustic Music, 3rd Saturday Country Music & 4th Saturday Bluegrass Music.
Contact: Gerry Mitchell at (705)799-5008 or by email at kitchenpartymusicjams@hotmail.com

Toastmasters

When: Wednesday evenings, 7:00 p.m. to 9:00 p.m.
Where: Minden United Church, Newcastle Street, Minden
We continue to hold our cost-effective, informative and enjoyable Toastmaster meetings at the Minden United Church, Newcastle Street, Minden. We encourage both men and women to come and to see a meeting to find out what we are all about. Here is a place to learn speaking and listening skills in a comfortable setting at a reasonable cost. For more information, call Sybil at 286-2624, Roy Haig at 286-4644 and Lynda Litwin at 286-2911.

Haliburton Highlands Hand Weavers & Spinners Guild Open Studios

When: Daytime - every Tues. 1-4
Evening - the 3rd. Wed. of every month
Where: Zion United Church, Carnarvon
No experience needed
Contact: Pat @ 705-286-6042 or andreacoys@gmail.com

Dorset Quilters & Needle Workers Group

When: Tuesdays at 9:30 a.m.
\$1 per person
Dorset Evening Yoga Classes
When: Mondays, 6:30 to 7:30 p.m.
\$75 for 6 classes or \$15 per class. For more information contact Caroline Leeder at hutcaroline@gmail.com or 705-767-1177

Haliburton Region Shout Sister!

Choir, directed by Laurel McCauley, is welcoming new members. We do not audition and learn our music by ear. All levels of singers are welcome. We sing a fun variety of music from pop and folk to Motown.
Practices are held Thursday nights from 7-9 pm at Haliburton United Church, Fellowship Room, 10 George St., Haliburton.



Department Store
HALIBURTON

Sale ends
Tuesday,
March 17th

**half
price**
ON ALL

- Children's Wear
- Hard Sided Luggage
- Winter Coats
- Health Fleece Sheet Sets
- Boot Liners

**half
price** **SALE**



**ALL
WonderBra
and Playtex
Bras**



**ALL
Sleighs &
Toboggans**



**WIDE
Assortment
of Toys**



**ALL
Winter Boots &
Ladies' Fashion Boots**



**ALL
Mitts, Gloves & Toques**

We reserve the right to limit quantities. Some items may not be exactly as shown.